Cheng, Richard

"Agile Patterns and Anti-Patterns: Are we being Agile?"

Abstract: More and more teams and organizations are adopting Agile methods. Teams go to training and learn the processes, techniques, and practices behind Agile methods like Scrum, Kanban, and SAFe. However Agile is more than just a set of rituals and practices, Agile is based on core beliefs and principles. When teams implement their practices and create their processes, are they really being “Agile”? This interactive session will examine a set of frequently occurring scenarios and using the principles behind the Agile manifesto, the session will explore if the decisions made in the scenarios map back to Agile principles and represent an Agile pattern (which is good) or if they conflict with Agile principles and represent an Agile anti-pattern (bad).

Coming out of this sessions, attendees will be able to relate the decisions their teams have made on their projects and be better equipped to identify if their decisions are based on Agile principles or if their decisions are contrary to core Agile concepts and principles.